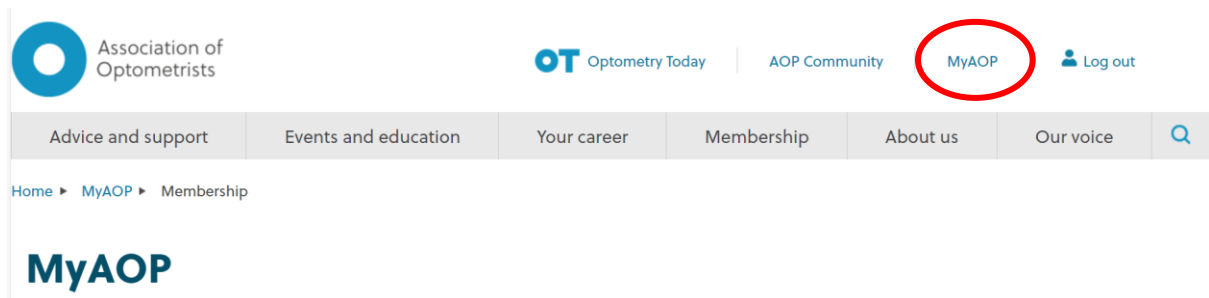


## How to select breakout sessions via MyAOP

This guide will explain how you can manage and select the breakout sessions you'd like to attend at an AOP event. We recommend that you use a PC or laptop to make your selection, as the formatting may be slightly different on a mobile device, although the overall steps are the same.

If you have any questions, please email [events@aop.org.uk](mailto:events@aop.org.uk)

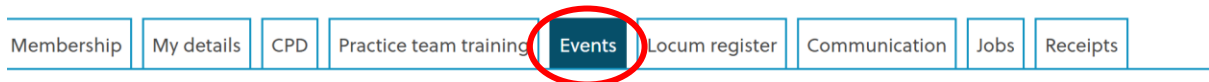
### Step 1: Log in to your [MyAOP account](#)



### Step 2: Select the “Events” tab

## MyAOP

Welcome back Bruce. [Log out](#)



**Step 3:** Under “Your upcoming events”, find the event you need to select sessions for and click on the amend button



**Step 4:** Scroll down and select the sessions you'd like to attend.

*For Hospital and Specialty Optometrists Conference, there are 4 opportunities for you to select sessions at the following times. Please choose one session in each slot.*

*Saturday 4 November 2023 – 2pm, 3.05pm and 4.30pm*

*Sunday 5 November 2023 – 9.00am*

Once you've clicked on your selected session, the box will change from white to blue with a tick in the top right hand corner.



4.30PM - 5.30PM

Demonstration and discussion workshop: Amniotic membranes - a potential solution for dry eye disease?  
2 CPD points

Discussion workshop: Specialist paediatric contact lens fitting  
3 CPD points

Lecture with discussion workshop: Understanding individual and team motivation  
2 CPD points

**Please note:** Plenary sessions which all delegates will attend together will be selected as a default for you.

Example below:

8.30AM - 10.00AM

Registration

9.00AM - 10.00AM

Short paper session 5 paper 10 minutes for question  
1 CPD point

10.20AM - 11.20AM

30 years on from the urban low vision clinic – the changing habits of low vision practitioners  
1 CPD point

**Please note:** that sessions are allocated on a first come, first served basis. Once a session is fully booked it will appear as grey box

Peer review: Paediatric low vision  
3 CPD points

Peer review for specialty optometrists (AS/SP/IP): Glaucoma  
3 CPD points

Med Retina Peer Review  
3 CPD points

**Step 5:** In order to save your selection, click 'confirm changes' at the bottom of the page

By booking on to this event, I agree to adhere to the AOP's events [terms and conditions](#) and am aware of our [privacy policy](#)

Confirm changes