

2009 ANNUAL GENERAL MEETING
NOMINATION OF A PROXY
You may vote by Proxy



TO APPOINT A PROXY

IMPORTANT Only complete this section if you wish to nominate a Proxy.

<p>* Full name and address to be inserted in block capitals.</p>	<p>I, * _____ of _____</p> <p>being a Member of the Association of Optometrists (my membership number is _____), hereby appoint the Chairman of the Meeting or† _____ of _____</p> <p>as my proxy to attend, speak and vote on my behalf at the Annual General Meeting of The Association of Optometrists being held on Tuesday 12 May 2009 and at any adjournment thereof.</p> <p><i>Unless otherwise instructed, the proxy may vote as he or she sees fit or abstain in relation to all the business of the meeting.</i></p>
<p>†If you wish to nominate your own proxy please delete "the Chairman of the Meeting" and insert his/her name and address in block capitals in the space provided.</p>	

Signature _____ Dated _____ 2009

Please indicate with an X in the relevant boxes below, for each resolution, how you wish your votes to be cast. The "Vote Withheld" option below is provided to enable you to abstain on any particular resolution. However, it should be noted that "Vote Withheld" is not a vote in law and will not be counted in the calculation of the proportion of the votes 'for' and 'against' a resolution.

	FOR	AGAINST	VOTE WITHHELD	AT DISCRETION
Resolution 1. To approve the minutes of the AGM held on 21 May 2008.				
Resolution 2. To approve the Annual Report and Accounts for the year ended 31 December 2008.				
Resolution 3. To approve the re-appointment of Buzzacott LLP as the Association's auditors.				

TO ASSOCIATION OF OPTOMETRISTS' MEMBERS WHO DO NOT INTEND TO ATTEND THE AGM

Members unable to attend the AGM are encouraged to vote by nominating a proxy to vote on their behalf.

IMPORTANT

For the appointment of a proxy to be valid, this nomination form must be signed and dated by the member and **RECEIVED** by the Company Secretary at the Association of Optometrists, 61 Southwark Street, London, SE1 0HL by **2.20 p.m. on Friday 8 May 2009**.

In the box headed '**TO APPOINT A PROXY**', you are invited to nominate either the Chairman of the Meeting or another person to attend the meeting, to act as your proxy.

The person appointed as proxy shall vote as you have directed in respect of the above resolutions or on any other resolution that is properly put to the meeting. If this form is returned without any indication as to how the proxy shall vote, the proxy shall exercise their discretion as to how to vote or whether to abstain from voting.

Completion of the proxy does not preclude a member from subsequently attending and voting at the meeting in person if he or she so wishes.

TO ASSOCIATION OF OPTOMETRISTS' MEMBERS WHO DO INTEND TO ATTEND THE AGM

Those Association of Optometrists' members who intend to attend the AGM are reminded that it is being held on Tuesday 12 May 2009 at 2.20 p.m. at Whitehall Place, 1 Whitehall Place, London, SW1A 2HD.